

Prescribing Exercise as Medicine

A PROACTIVE HEALTHCARE SOLUTION



Physical inactivity results in 500 million new cases of preventable chronic diseases, costing health systems \$27 billion annually.

Award-Winning, Evidence-Based Platform:

- Enables healthcare providers to prescribe, monitor, and manage disease-specific medical exercise to patients with chronic health conditions
 - FDA and CE approved software-as-a-medical device
 - Improves treatment outcomes at lower costs

Why Our Solution?

- We generate a unique data set through our medical exercise generator
 - We can extract insights and perform predictive analyses on the effect of physical activity on overall health and treatment outcomes through these data sets.
 - We provide a care portal for healthcare providers that allows them to view patient data and alter exercise plans and a mobile app for patients that allows for personalized, diagnosis-specific medical exercises.

Contact Us:



To Learn More:

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